

Summer Field School [Online] on MOUNTAIN ECOSYSTEMS AND RESOURCE MANAGEMENT Ivano-Frankivsk Region, Ukraine :: 19-28 September, 2021

DELEGATE PARTICIPANT'S PROFILE

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Highest Education	M.A. (Sociology), IPROMO Diploma-2019
Personal Statement	Dear colleagues! Further I would like to say a few words in
	order to present myself as the delegate participant for the
	forthcoming Summer School on 'Mountain Ecosystems and
	Resource Management'. A passionate Naturalist and traveler.
	I have pursued my Masters degree in sociology. I have
	worked for National and International environment and
	development organizations. I am experienced in
	leading expeditions related to bird watching, trekking,
	wildlife, and citizen science teams, etc., in the Himalaya.
	I am experienced in developing eco-tourism activities in
	Himalaya. Currently I lead citizen science and eco-tourism
	projects at Central Himalayan Institute for Nature and
	Applied Research (CHINAR). I have completed IPROMO
	Diploma (2019) from FAO, Italy.
Paper/Presentation Title	Promotion of Community-Based Tourism in the Villages of
(Unpublished Research or	Uttarakhand Himalaya
Review or Field Work)	
Keywords	Climate change; Indigenous communities; Traditional
	knowledge system; Mountains; Community based tourism;
	Livelihood promotion
Abstract (100-300 words)	The Himalaya is the highest mountain range in the world and
	has 9 out of 10 of the world's highest peaks, including Mount



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Everest. These mountains, referred to as the Third Pole, are the source of some of Asia's major rivers. They also help to regulate our planet's climate. For centuries people here have developed a unique culture that weaves nature and people together into the same fabric of life. Community based tourism (CBT) is probably the oldest way of conducting tourism. Community-based tourism is a type of tourism that emphasizes on the development of local communities. These communities open their homes to visitors and provide local experiences that allow the tourist to immerse themselves into local life, creating a cultural exchange and the opportunity to learn different traditions. By community we mean a group of people living in the same place and having something in common, such as culture, economic activity or simply the land and its ecosystems.

Community-based tourism offers services such as accommodation, excursions (birdwatching, trekking, traditional gastronomy, ecotourism and cultural activities). It enables the tourist to discover local habitats and wildlife, and celebrates and respect traditional cultures, rituals and wisdom. On the other hand, the community becomes aware of the commercial and social value placed on their natural and cultural heritage through tourism, which fosters community-based conservation of these resources.

Mountains have immense potential for community-based tourism due to rich culture, diversity in flora and fauna. In order to promote community-based tourism, capacity development of the community is important to initiate tourism in new destinations. Considering the above, Central Himalayan Institute for Nature & Applied Research (CHINAR) has initiated a self-sustainable Community based tourism project among the remote villages of Bageshwar district of Uttarakhand, India. Under that program, Community home stays have been developed. These home stays are now managed and run by community itself. Under the program, various tourism related trainings have also been



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	conducted for the capacity development of the community. Due to all these initiatives and activities, community is
	happily getting benefited and their average income is also
	increasing.
More Information	
(weblinks)	