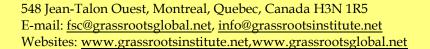


Summer Field School [Online] on MOUNTAIN ECOSYSTEMS AND RESOURCE MANAGEMENT Ivano-Frankivsk Region, Ukraine :: 19-28 September, 2021

DELEGATE PARTICIPANT'S PROFILE

0172	Ms. Sumit
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Highest Education	M. Phil. (Botany)
Personal Statement	Sumit, working as Assistant Professor of Botany in the department
	of Higher Education, Govt. of Himachal Pradesh, India and
	currently posted at Govt. College Chamba (HP) and serving the
	department since Dec. 1999. In 1997 graduated from Himachal
	Pradesh University, Shimla and studied at Govt. College Chamba.
	She did her masters in Botany in 1999 and M.Phil. (Botany) in 2007
	and she worked on the topic 'Ethno-medicobotanical Survey of
	Chamba Block in Chamba District, Himachal Pradesh. Published
	one research paper and participated in various
	national/international conferences and seminars.
	Her areas of research interests are: Ethnobotany, Traditional
	Knowledge and Medicinal Plants.
Paper/Presentation Title	Understanding the Role of Ecosystem Services through Traditional
_	Medicinal Knowledge: An Ethno-botanical Perspective
Keywords	Ethnobotanical Survey; Chamba; Traditional knowledge;
	Medicinal Plants; Common Ailments
Abstract (100-300 words)	Man has been traditionally using wide range of plants to treat a
	large number of common ailments even long ago before the
	existence of modern system of medicine. Specifically, medicinal
	plant-based system of treating the people in the mountainous
	region particularly to the lower income group from rural
	background is still in practice and is most accepted choice because
	of high cost of allopathic drugs.





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	Chamba is blessed with such rich heritage of medicinal plants and
	valuable herbs. The inhabitants of Chamba have been using these
	plants to cure common human ailments for thousands of years.
	The indigenous traditional knowledge of medicinal plants of
	inhabitants of Chamba has been transmitted orally for centuries
	and presently disappearing due to modern allopathic system.
	The paper aims to document the use of medicinal plants by
	traditional healers to treat poor people in the anterior areas of
	Chamba development block in the state of Himachal Pradesh in
	India where the modern allopathic/ayurvedic medical facilities is
	still to facilitate the people. For this study, an ethnobotanical
	survey of medicinal plants was carried out in various rural
	pockets of study area initially in 2007 and then after the researcher
	is in continuous touch with the practitioners. The information
	regarding the plants used to cure common ailments was collected
	through interviews from the traditional practitioners (vaids),
	family heads, housewives, old experienced farmers, eminent
	elderly persons of the community etc. In this paper, total of 20
	plants are being listed which are being used by the traditional
	healers along with their botanical names, vernacular names,
	family, plant part used and mode of administration. The study
	concluded with a suggestion that it is high time to make sincere
	efforts to conserve the traditional knowledge by the policy makers
	as well as traditional healers as well as every man.
More Information	, in the second
(weblinks)	