

**Summer Field School [Online] on  
 MOUNTAIN ECOSYSTEMS AND RESOURCE MANAGEMENT  
 Ivano-Frankivsk Region, Ukraine :: 19-28 September, 2021**

**DELEGATE PARTICIPANT'S PROFILE**

	<p><b>Ms. Sumit</b>  <i>Assistant Professor</i>          Department of Botany          Government College Chamba          Distt. Chamba, Himachal Pradesh, India</p> <p>Tel: +919418122620          Email: <a href="mailto:suminirankari@gmail.com">suminirankari@gmail.com</a></p>
<b>Highest Education</b>	M. Phil. (Botany)
<b>Personal Statement</b>	<p>Sumit, working as Assistant Professor of Botany in the department of Higher Education, Govt. of Himachal Pradesh, India and currently posted at Govt. College Chamba (HP) and serving the department since Dec. 1999. In 1997 graduated from Himachal Pradesh University, Shimla and studied at Govt. College Chamba. She did her masters in Botany in 1999 and M.Phil. (Botany) in 2007 and she worked on the topic 'Ethno-medicobotanical Survey of Chamba Block in Chamba District, Himachal Pradesh. Published one research paper and participated in various national/international conferences and seminars.</p> <p>Her areas of research interests are: Ethnobotany, Traditional Knowledge and Medicinal Plants.</p>
<b>Paper/Presentation Title</b>	<i>Understanding the Role of Ecosystem Services through Traditional Medicinal Knowledge: An Ethno-botanical Perspective</i>
<b>Keywords</b>	Ethnobotanical Survey; Chamba; Traditional knowledge; Medicinal Plants; Common Ailments
<b>Abstract (100-300 words)</b>	<p>Man has been traditionally using wide range of plants to treat a large number of common ailments even long ago before the existence of modern system of medicine. Specifically, medicinal plant-based system of treating the people in the mountainous region particularly to the lower income group from rural background is still in practice and is most accepted choice because of high cost of allopathic drugs.</p>

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	<p>Chamba is blessed with such rich heritage of medicinal plants and valuable herbs. The inhabitants of Chamba have been using these plants to cure common human ailments for thousands of years. The indigenous traditional knowledge of medicinal plants of inhabitants of Chamba has been transmitted orally for centuries and presently disappearing due to modern allopathic system. The paper aims to document the use of medicinal plants by traditional healers to treat poor people in the anterior areas of Chamba development block in the state of Himachal Pradesh in India where the modern allopathic/ayurvedic medical facilities is still to facilitate the people. For this study, an ethnobotanical survey of medicinal plants was carried out in various rural pockets of study area initially in 2007 and then after the researcher is in continuous touch with the practitioners. The information regarding the plants used to cure common ailments was collected through interviews from the traditional practitioners (vaid), family heads, housewives, old experienced farmers, eminent elderly persons of the community etc. In this paper, total of 20 plants are being listed which are being used by the traditional healers along with their botanical names, vernacular names, family, plant part used and mode of administration. The study concluded with a suggestion that it is high time to make sincere efforts to conserve the traditional knowledge by the policy makers as well as traditional healers as well as every man.</p>
<b>More Information (weblinks)</b>	